



coastal women's health
OBS · IVF · GYN

Polycystic Ovarian Syndrome (PCOS)

PCOS is a hormonal imbalance that causes enlarged ovaries containing multiple cysts or follicles, resulting in problems with ovulation.

Symptoms can include:

- ❁ No periods or periods that are irregular, infrequent and/or heavy
- ❁ Immature eggs, lack of ovulation, and multiple ovarian cysts
- ❁ Infertility or subfertility
- ❁ Excess facial and/or body hair, acne, and scalp hair loss
- ❁ Mood changes, depression, and anxiety
- ❁ Sleep apnoea

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