



coastal women's health  
OBS • IVF • GYN

# Endometrial Ablation

A minimally invasive procedure that gently removes the lining of the uterus, resulting in lighter, shorter, or no periods, and improved quality of life with minimal downtime.

**This treatment is typically recommended for women who:**

Experience heavy  
or prolonged  
periods

Have not found  
relief with other  
treatments

Do not plan to  
become pregnant  
in the future



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